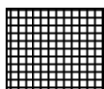
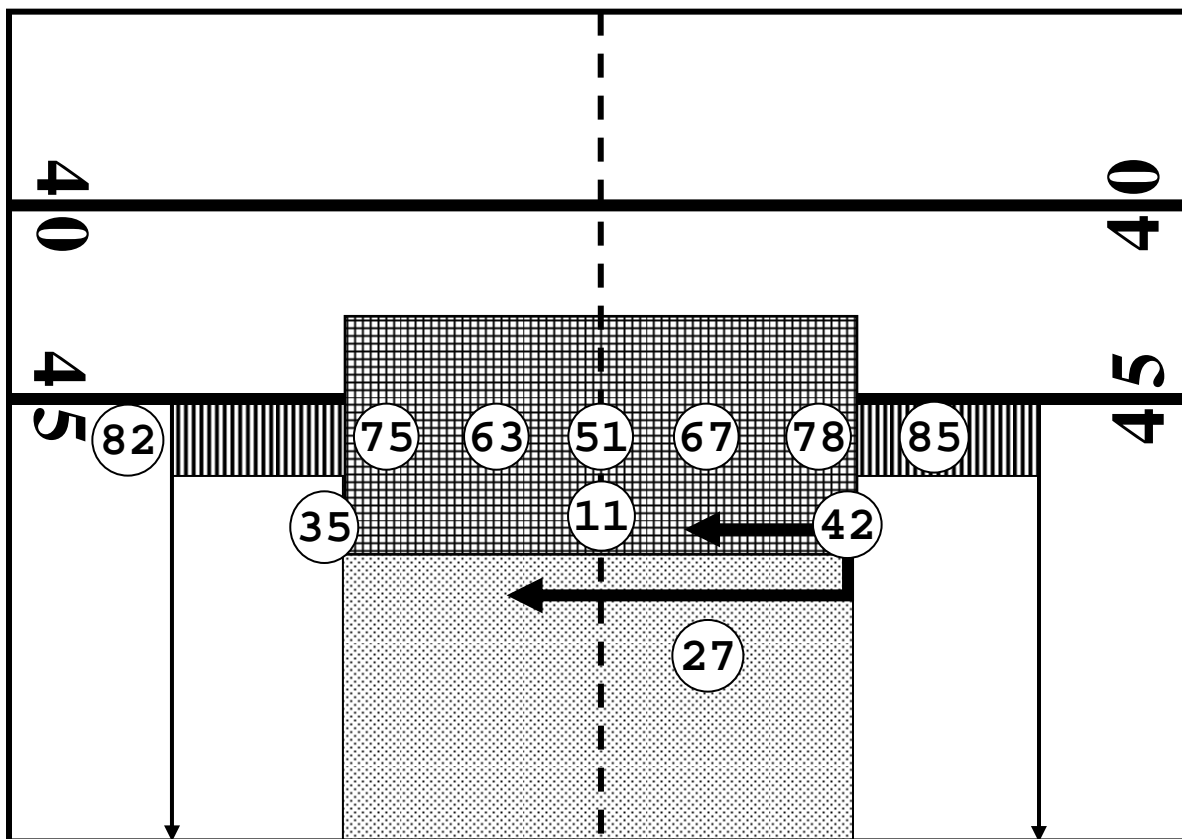
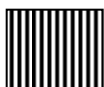


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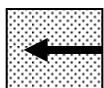
Clipping, Chop Block, and Blocking Below the Waist



Rule 9-1-2-d Exceptions: Offensive players on the line of scrimmage at the snap within **the blocking zone (centered on the snapper)** and extending five yards laterally and three yards longitudinally may legally clip in the area. *They may not block an opponent from behind at the knee or below.* They may not leave the zone and return and legally clip. The zone exists until the ball is touched outside the zone, or the ball is outside the zone following a fumble or muff.



Rule 9-1-2-e-1: Offensive linemen at the snap positioned more than seven yards from **the snapper** are prohibited from blocking below the waist toward the original position of the ball in or behind the neutral zone and within 10 yards beyond the neutral zone.



Rule 9-1-2-e-2: Backs at the snap positioned completely outside **the tackle box (five yards from the snapper) in either direction toward a sideline**, or in motion at the snap, are prohibited from blocking below the waist toward the original position of the ball in or behind the neutral zone and within 10 yards beyond the neutral zone.

Rule 2-3-3 Chop Block: A chop block is:

- a **high-low or low-high** combination block
- by **any two players** against an opponent (not the runner)
- **anywhere** on the field,
- **with or without a delay** between contacts
- the “low” component is **at the opponent’s thigh or below**

(A.R. 2-3-3-III and IV).